

## TIPS FOR TALKING TO YOUR DOCTOR ABOUT



### Lowering bad cholesterol can feel like a never-ending cycle.

When you've tried diet, exercise, and a statin, and your bad cholesterol is still too high, adding NEXLIZET may help if you have known heart disease or an inherited condition that causes high levels of bad cholesterol.

**Start a conversation** with your doctor by asking the questions in this guide. You can print it, fill it out, and bring it with you to your next appointment.

### My experience with lowering bad cholesterol

Fill in the below to help you and your doctor make a plan!

#### To lower my bad cholesterol, I have tried (check all that apply):

- Healthy diet
- Exercise
- Statins or other cholesterol-lowering medications
- Other: \_\_\_\_\_

#### I am currently trying (check all that apply):

- Healthy diet
- Exercise
- Statins or other cholesterol-lowering medications
- Other: \_\_\_\_\_
- None of the above

**My current bad cholesterol number is:** \_\_\_\_\_ mg/dL

(If you don't know, ask your doctor)

**My goal number for my bad cholesterol is:** \_\_\_\_\_ mg/dL

(If you don't know, ask your doctor)

#### I have been trying to lower my bad cholesterol for:

- 6 months–1 year
- 1 year–3 years
- 3 years–5 years
- 5+ years

---

---

### Questions about my cholesterol

If you want to ask your doctor any of these questions, select them below.

- What is the difference between good cholesterol and bad cholesterol?
- Is my bad cholesterol under control? Why is it important for me to reach a goal number?
- What are my treatment options?

---

---

### Lowering my bad cholesterol with NEXLIZET

You can ask your doctor these questions to see if adding NEXLIZET can give you the edge you need to break the cycle.

- How will NEXLIZET help lower my bad cholesterol?
- Is NEXLIZET a statin?
- What medicines are in NEXLIZET?
- How does NEXLIZET work differently from other medicines?
- What side effects could I expect with NEXLIZET?
- Is NEXLIZET a pill?
- How often do I need to take NEXLIZET?
- Do I need to take NEXLIZET with food?

---

---

---

### What is NEXLIZET?

NEXLIZET is a prescription medicine that contains 2 cholesterol-lowering medicines, bempedoic acid and ezetimibe. It is used, along with diet and other lipid-lowering medicines, in the treatment of adults who need additional lowering of "bad" cholesterol (LDL-C) and have:

- heterozygous familial hypercholesterolemia (HeFH), an inherited condition that causes high levels of LDL-C, and/or
- known cardiovascular disease due to high levels of bad cholesterol

It is not known if NEXLIZET can decrease problems related to high cholesterol, such as heart attacks or stroke.

### IMPORTANT SAFETY INFORMATION

#### Who should not take NEXLIZET?

Do not take NEXLIZET if you are allergic to ezetimibe tablets. Ezetimibe, one of the ingredients in NEXLIZET, can cause serious allergic reactions. Stop taking NEXLIZET and call your doctor, or go to the nearest emergency room, if you have the following:

- swelling of your face, lips, mouth, or tongue
- wheezing or trouble breathing
- severe itching and/or skin rashes, redness, or swelling
- dizziness or fainting
- fast heartbeat or pounding in your chest

Please see additional Important Safety Information on the following page and full Prescribing Information, including Patient Product Information.

## Additional questions and notes

It may also be helpful to bring a list of your current medications, recent lab results, and notes on any side effects you may be experiencing.

### IMPORTANT SAFETY INFORMATION (cont.)

#### What should I tell my doctor before taking NEXLIZET?

Tell your doctor if you:

- have ever had an allergic reaction to ezetimibe
- have, or have ever had, gout
- have, or have ever had, tendon problems
- are pregnant or breastfeeding, or may become pregnant or plan to breastfeed
- have severe kidney problems
- have moderate or severe liver problems
- are taking simvastatin, pravastatin, cyclosporine, fibrates, or cholestyramine

#### What is the most important safety information I should know about NEXLIZET?

NEXLIZET can cause side effects that can become serious, including:

- high levels of uric acid in the blood, which can lead to gout, a painful joint condition. Call your doctor if you have any of the following symptoms:
  - severe foot pain, especially in the toe joint
  - swelling
  - warm joints
  - tender joints
  - joint redness
- tendon problems: Stop taking NEXLIZET immediately and get medical help right away if you get any of the following signs or symptoms of tendon rupture:
  - hear or feel a snap or pop in a tendon area
  - bruising right after an injury in a tendon area
  - unable to move the affected area or put weight on the affected area

#### What are the common side effects of NEXLIZET?

Tell your doctor right away about any side effect you experience. NEXLIZET can cause side effects, including:

- symptoms of the common cold or flu
- muscle spasms
- back pain
- stomach pain
- bronchitis
- pain in the shoulders, legs, or arms
- diarrhea
- fatigue

### IMPORTANT SAFETY INFORMATION (cont.)

Your doctor may check your blood for side effects that you might not be able to feel.

These are not all the possible side effects of NEXLIZET. For more information, ask your doctor or pharmacist.

#### What form does NEXLIZET come in?

NEXLIZET is a tablet that you take by mouth. It contains 180 mg of bempedoic acid and 10 mg of ezetimibe.

#### Can I take NEXLIZET with other medicines?

Tell your doctor about all the medicines you take, including both prescription and over-the-counter medicines, vitamins, and herbal supplements. Especially tell your doctor if you take, or plan to take:

- simvastatin or pravastatin (other cholesterol-lowering medicines). Your doctor may change the dose for these medicines if taking them with NEXLIZET
- cyclosporine (often used in organ transplant patients)
- fibrates (other cholesterol-lowering medicines)
- cholestyramine (another cholesterol-lowering medicine)

**The risk information provided here is not comprehensive.** To learn more, talk about NEXLIZET with your doctor or pharmacist. The FDA-approved product labelling can be found at [NEXLIZET.com](http://NEXLIZET.com) or 1-833-377-7633.

You may report side effects to the FDA at 1-800-FDA-1088, or at [www.fda.gov/medwatch](http://www.fda.gov/medwatch). You may also report side effects to ESPERION at 1-833-377-7633.

NEXLIZET is available by prescription only.

Please see full [Prescribing Information](#), including [Patient Product Information](#).

ESPERION<sup>®</sup>

**NEXLIZET<sup>™</sup>**  
(bempedoic acid  
and ezetimibe) tablets