

# TIPS FOR TALKING TO YOUR DOCTOR ABOUT

**If your bad cholesterol still isn't low enough, you may be at risk for a major heart event.**

NEXLIZET and NEXLETOL are the only oral nonstatins FDA approved to lower bad cholesterol and to reduce the risk of heart attack and heart procedures, like stent placement or bypass surgery, in adults who are not taking a statin or are unable to take recommended statin treatment.

**To support you** during your conversation with your doctor, print this form, complete it, and bring it to your next appointment.

## My experience with lowering bad cholesterol

Fill in the below to help you and your doctor make a plan!

### I have been diagnosed with high cholesterol:

Yes  No

### My experience with statins is:

- I am currently taking a statin
- I have never taken a statin but would consider one, if recommended
- I stopped taking statins because of side effects or concerns of side effects
- I have never used a statin and do not want to take one

### To lower my bad cholesterol, I have tried (check all that apply):

- A healthy diet
- Exercise
- Statins or other cholesterol-lowering medications
- Other: \_\_\_\_\_

### I have had a heart attack, stroke, or heart procedure, such as stent placement or bypass surgery

Yes (add details below)

- \_\_\_\_\_
- No  
 Unsure

**My current bad cholesterol number is:** \_\_\_\_\_ **mg/dL**

(If you don't know, ask your doctor)

**My doctor suggests my bad cholesterol number should be:** \_\_\_\_\_ **mg/dL**

(If you don't know, ask your doctor)

## IMPORTANT SAFETY INFORMATION

**Do not** take NEXLIZET if you are allergic to ezetimibe or bempedoic acid or NEXLETOL if you are allergic to bempedoic acid, or any ingredients in NEXLIZET or NEXLETOL. If you have any of the following signs and symptoms of a serious allergic reaction, call your healthcare provider or go to the nearest hospital emergency room:

- swelling of your face, lips, mouth, or tongue
- fast heartbeat or pounding in your chest
- skin rashes, redness, or swelling
- wheezing
- trouble breathing
- dizziness or fainting
- severe itching

Please see additional Important Safety Information on the following page.

## I have been trying to lower my bad cholesterol for:

- 6 months–1 year
- 1 year–3 years
- 3 years–5 years
- 5+ years

## Questions about my cholesterol

If you want to ask your doctor any of these questions, select them below.

- What is the difference between good cholesterol and bad cholesterol?
- Why is it important for me to know my number?
- What are my treatment options?

## Questions to help you learn more about NEXLIZET or NEXLETOL

You can ask your doctor these questions to see if NEXLIZET or NEXLETOL may be right for you.

- How can NEXLIZET or NEXLETOL help lower my bad cholesterol?
- How can NEXLIZET or NEXLETOL help reduce my risk of heart attack and heart procedures, like stent placement or bypass surgery?
- Why/how are NEXLIZET and NEXLETOL different from statins?
- What medicines are in NEXLIZET and NEXLETOL?
- What do I need to know about the safety of NEXLIZET or NEXLETOL?
- How do I take NEXLIZET or NEXLETOL?
- How often and for how long do I need to take NEXLIZET or NEXLETOL?
- Do NEXLIZET and NEXLETOL need to be taken with food?

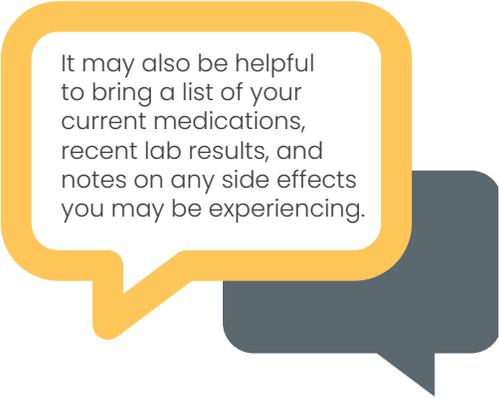
## Additional questions and notes

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It may also be helpful to bring a list of your current medications, recent lab results, and notes on any side effects you may be experiencing.

### IMPORTANT SAFETY INFORMATION (continued)

#### What should I tell my healthcare provider before taking NEXLIZET or NEXLETOL?

##### Tell your healthcare provider if you:

- have, or had, gout
- have, or had, tendon problems
- are pregnant or breastfeeding or may become pregnant or plan to breastfeed. It is not known if NEXLIZET or NEXLETOL passes into your breastmilk
- have severe kidney or severe liver problems

##### Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

Especially tell your healthcare provider if you take or plan to take simvastatin or pravastatin, as taking either with bempedoic acid may increase your risk of developing muscle pain or weakness. If you take NEXLIZET, tell your doctor if you take cyclosporine, fibrates, or cholestyramine.

#### What is the most important safety information I should know about NEXLIZET and NEXLETOL?

##### NEXLIZET and NEXLETOL can cause serious side effects, including:

- **increased levels of uric acid in the blood**, which can lead to gout, a painful joint condition. Call your doctor if you have any of the following symptoms: severe foot pain especially in the toe joint, warm joints, swelling, tender joints or joint redness.
- **tendon rupture or injury. Tendon problems can happen in people who take bempedoic acid, one of the medicines in NEXLIZET or NEXLETOL.** The risk of getting tendon problems while you take NEXLIZET or NEXLETOL is higher if you: are over 60 years of age, are taking steroids, are taking antibiotics called fluoroquinolones, have renal failure, or have had tendon problems in the past. Stop taking NEXLIZET or NEXLETOL immediately and get medical help if you experience signs of tendon rupture such as snap or pop in tendon area, bruising after an injury in a tendon area, or unable to move or put weight on the affected area.

##### The most common side effects of patients with primary hyperlipidemia

- **NEXLETOL includes** symptoms of the common cold or flu-like symptoms, muscle spasms, back pain, stomach pain, bronchitis, pain in shoulder, legs, or arms, anemia and increased liver enzymes.

- **NEXLIZET includes** symptoms of the common cold or flu-like symptoms, muscle spasms, back pain, stomach pain, bronchitis, pain in shoulder, legs, or arms, anemia, increased liver enzymes, diarrhea, joint pain, swelling of sinuses and fatigue.

##### The most common side effects of bempedoic acid, a component of NEXLIZET and NEXLETOL, in people with heart problems include kidney problems, anemia, increased liver enzymes, muscle spasms, and gallstones.

These are not all the possible side effects of NEXLIZET and NEXLETOL. For more information, ask your healthcare provider or pharmacist for more information.

##### Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

#### What are NEXLIZET and NEXLETOL?

- Along with a diet:
  - NEXLETOL is used, with other cholesterol-lowering medicines, or alone when use with other cholesterol-lowering medicines is not possible, to reduce low-density lipoprotein (LDL, or bad cholesterol) in adults with high blood cholesterol levels called primary hyperlipidemia, including a type of high blood cholesterol called heterozygous familial hypercholesterolemia (HeFH).
  - NEXLIZET is used, with or without other cholesterol-lowering medicines, to reduce low-density lipoprotein (LDL, or bad cholesterol) in adults with high blood cholesterol levels called primary hyperlipidemia, including a type of high cholesterol called heterozygous familial hypercholesterolemia (HeFH).
- The bempedoic acid portion of NEXLIZET and NEXLETOL is used to lower the risk of heart attack and heart procedures like stent placement or bypass surgery, in adults who are unable to take recommended statin treatment (a cholesterol-lowering medicine), or are not taking a statin, who:
  - have known heart disease, or
  - are at high risk for heart disease but without known heart disease.

##### Please see full Prescribing Information, including Patient Product Information, for **NEXLIZET** and **NEXLETOL**.

 **NEXLIZET**<sup>®</sup>  
(bempedoic acid/ezetimibe) tablets

 **NEXLETOL**<sup>®</sup>  
(bempedoic acid) tablets

**ESPERION**<sup>®</sup>